

# Is Your Child/Teen Experiencing Anxiety or OCD?

Participants are *randomly placed* into one of three treatments:

- **IN-PERSON:** Clinic & community visits
- **TELEHEALTH:** Video-based sessions
- **FLEXIBLE:** A mix of in-person & telehealth



**IMPACT**  
Rhode Island



**BROWN**Health  
UNIVERSITY



**Now enrolling youth ages 5-18 across Rhode Island!**

The Pediatric Anxiety Research Center (PARC) at Bradley Hospital is partnering with local agencies on an exciting new study called **IMPACT-RI** and you can be a part of it!

## What's it all about?

We are treating anxiety using a team of:

- Mental health clinicians
- Specially trained coaches

## How will sessions work?

- Sessions may take place in clinics, homes or community locations-*wherever anxiety lives.*
- This approach helps youth practice coping skills in the real-world, increases access to evidence-based care, & reduces waitlists.
- Public insurance accepted.

**CONTACT US:**

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**PARCANXIETY.ORG**

